

2027

BIENNIAL TRI-STATE LEADERSHIP INSTITUTE

THEME

LEADING WELL: A SUSTAINABLE LEADERSHIP FRAMEWORK



Shani Gardner

Psychotherapist & Founder of
Soulful Grace LCSW PLLC

NEXTGen's pre conference session creates an inclusive space for professionals at all levels to take a holistic approach to burnout and work-related stress, exploring how burnout shows up in our work and bodies, how to prevent it, and how to reconnect with our values and purpose. Led by Shani Gardner, LCSW, a specialist in burnout prevention and resilience for professionals in high-stress, mission-driven environments, this engaging and actionable workshop draws on nervous system regulation, boundary-setting, and values-driven decision-making. Participants will gain practical tools to strengthen resilience, sustain their capacity, and build healthier, more effective ways of working while remaining connected to the impact they care deeply about

 **03** APRIL 2027
 **11** 30 AM
 **777 HARRAH'S
BLVD, ATLANTIC
CITY, NJ 08401**

EVENT HIGHLIGHTS

- 1 Workshop Facilitator**
Shani Gardner, LCSW | Psychotherapist, Burnout Recovery & Resilience Strategist.
- 2 Sustainable Leadership Portfolio**
Participants will leave with tangible working portfolio to take into their work and career.
- 3 Networking Opportunities**
Connect with other professionals and expand your business network.

Registration
Fee:

\$300

For All Professional Levels

REGISTER NOW



For questions email
nextgen@tri-stateconsortium.com